

“ A human being is a part of the whole called by us universe, a part limited in time and space. We experience our self, our thoughts and feeling as something separated from the rest, a kind of optical delusion of consciousness. This delusion is a kind of prison, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty...the most important question facing humanity is ‘Is the universe a friendly place?’

Albert Einstein



7 questions 7 million lives 7 billion smiles

Notice when an advert, religion or politician triggers feelings of shame or fear. This is generally by design, to control and manipulate you. Be aware of the fear of being rejected or excluded for this is how the herd perpetuates self-harm. Give the fear to love. Through your freedom from fear a new earth is born.

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Love & Truth

— PARTY —

*Awakening Humanity in Loving Action*

[www.loveandtruthparty.org](http://www.loveandtruthparty.org)