

“ A human being is a part of the whole called by us universe, a part limited in time and space. We experience our self, our thoughts and feeling as something separated from the rest, a kind of optical delusion of consciousness. This delusion is a kind of prison, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty...the most important question facing humanity is ‘Is the universe a friendly place?’

Albert Einstein



7 questions 7 million lives 7 billion smiles

Mental attitude, exercise and diet are the most proven causes of health known to science. However when faced with a chronic health condition such as cancer, they may not be mentioned or even dismissed.

Why is this?



Love & Truth

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Awakening Humanity in Loving Action

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